

Systemic Treatments of Acne Vulgaris – 4 Case Series and Review of Literature

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Abstract

Acne vulgaris is a common disease among both adolescents and adults (adult acne). We present four different clinical cases classified as moderate-severe acne vulgaris treated with systemic treatments based on European protocols and review of the literature. Acne vulgaris is a disease that affects a lot the quality of life of the patient and either of the whole family. Treatment with systemic therapies based on the gravity of acne, the conditions of the patient and their preferences and tolerability of the medication have to be taken in consideration for good results.

Keywords: Acne vulgaris, systemic treatments, doxycycline, isotretinoine, oral contraceptive, spironolactone.

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