

# EFIKASITETI I TRAJTIMIT TE PACIENTËVE ME AKNE VULGARE

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## Summary

### TREATMENT EFFICIENCY IN PATIENS WITH ACNE VULGARIS

**Methods:** There are treated about 150 patients in dermato-venerology clinic during 2002. From the total number 40 were males which consist of 26.4% and 110 were females which consist of 73.6% with average age 20.4. This number of patients is divided in three groups according to clinical form: mild, moderated and severe. There are treated 35 cases with mild clinical form, 12 males and 23 females. They are treated with these drugs: sol. Erythromycin gel 3%, sol. Acid salicylic 2%, ung antopar 5% in the evening.

Then the treatment continued at home with Ung. Gentamycin and IDI Pase with oxide zinc. The results of the mild form are 3 cases good, 8 cases moderated and 24 cases excellent results with  $p < 0.001$  significant results.

Moderated form: there are diagnosticated and treated about 85 patients with this form during 2002, 62 females and 23 males.

These patients were treated with tetracycline 250mgx2, erythromycin gel 13%, sol. Acid salicylic 2%, ung antopar 5%, ung tretinoin 0.05 and after 2 weeks they were treated with IDI paste, acid glikolik 70%.

Because of 5 patients suffered gastritis sore, as the result they didn't continue to take tetracycline anymore but they continued the treatment. The results: 15 cases moderated improvement, 65 cases very good results,  $p < 0.001$  significant result.

Males are more affected to the severe form. Clinically this form has papul, pustule, komedone.

We have coped with 30 cases of severe form: 8 males and 22 females who were treated with Roaucuttan 1mg/weight 3 weeks and it continued with 0.5mg kg/weight other 3 weeks with tetracycline 250mg 2x1, 3 other weeks with antiseptic, erythromycin gel 3%, IDI paste, Ung Gentamycin and 6 weeks follow up.

**Results:** 12 cases moderated and 18 cases very good results.

#### Conclusion:

- 1) In the first stage of mild form of acnes it is necessary the local treatment with erythrogel, benzyl, peroxide.
- 2) In the second stage of moderated form is recommended general antibiotic, local treatment and all drugs used in the first form.
- 3) In the third stage of severe form the selected drugs for treatment are metabolites of rationik acid such as monotherapy, roacutan or in combination with general antibiotic and local treatment.

We recommend local roacutan or skinoren azelaik acid in order to preserve the good condition. The above protocols showed clinical significant results as well as statistical side in patients that were diagnosticated and treated in dermato-venerology clinic during 2002.

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